

2016 COMBAT COURSE

Title: 2016 Combat Course

Lesson Purpose: To provide the Officer with the knowledge, skills and experience needed to become more familiar with the handgun, long rifle, and shotgun.

Training Objectives: At the end of this block of instruction, the Officer will be able to achieve the following objectives in accordance with information received during the instructional period:

1. Identify a threat target and properly defend themselves from a standing, kneeling, or prone position.
2. Demonstrate the ability to fire their duty handgun from their back, side, and seated position.
3. Demonstrate the ability to shoot and operate the handgun, long rifle, and shotgun during a practical exercise.
4. Demonstrate the ability to regulate the balance between accuracy and speed necessary to get hits against different size and distance targets.
5. Demonstrate the ability to shoot a modified night time qualification course during ambient lighting conditions.

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Hours: 4 hours

Instructional Method: Lecture-Demonstration-Practical Exercises

Materials Required: Handgun, long rifle, shotgun, flashlight, vest, and duty belt.

Targets, range materials and equipment

Lesson Plan

Training Aids: Rain barrels, wooden barricade

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1. Introduction

A. Opening Statement

This course is designed for the Officer that carries a handgun on duty every day. Officers taking part in this course will have an opportunity to become more familiar with the operation of their handgun, and officer positioning when confronted with people. The class will also allow the officer to better their shooting skills and take part in a more combat style of training to help the officer become more proficient and effective with these firearms.

B. Training Objectives

1. Identify a threat target and properly defend themselves from a standing, kneeling, and prone position.
2. Demonstrate the ability to fire their duty handgun from their back, side and seated position.
3. Demonstrate the ability to shoot and operate the handgun, long rifle, and shotgun during a practical exercise.
4. Demonstrate the ability to regulate the balance between accuracy and speed necessary to get hits against different size and distance targets.
5. Demonstrate the ability to shoot a modified night time qualification course during ambient lighting conditions.

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C. Reason:

An Officer who carries a handgun on a daily basis should be well trained and very capable of performing at a higher level with that weapon than an officer from basic training. This training allows the Officer an opportunity to further his/her ability with the handgun, and a flashlight by exposing him/her to training that is more advanced than that of the basic qualification course.

II. Body

The purpose of this training is to expose the officer to the realities of moving from position of cover to position of cover, and target identification. This training will focus on movement, shooting behind cover, reloading, and correctly identifying hostile and non-hostile targets in a high stress environment. Prior to beginning the actual combat course, officers will be taken through a series of firearms exercises designed to enhance their abilities to employ their firearms from various positions. Once the training exercises are complete, officers will conduct both a day and night combat course, each of which will contain a judgmental "shoot don't shoot" scenario.

Exercise (Warm-up) #1 Speed and accuracy drill

Equipment needed:

- Duty handgun
- Bullet resistant vest
- Duty belt/gear
- Paper targets.

Officers on-line and Instructors

Set-up

Range: 7yd and 10yd

Targets: One paper target (2 Total), one silhouette steel target

Start position: holstered

Rounds fired: 25+ rounds

The purpose of this drill is to build confidence in the shooter and to further develop a shooter's ability to regulate the balance between accuracy and speed necessary to get hits against different size and distance targets.

- Using a Qualification target, the shooter will concentrate on the 'TV' box portion of the chest. From the 7 yd line, the shooter, on command, will fire 4 rounds per command of FIRE. A total of 16 rounds from the 7 yd line.
- Using a new target, the shooter will move to the 10 yd line. The shooter, on command of FIRE will shoot 3 rounds with concentration towards the 'TV' box. A total of 9 rounds.
- After the warm-up accuracy drill the officer/shooter will move to the speed drill. A steel target will be paced next the berm and two barrels/stacked will be placed at the 10 yd line. This will be timed. The officer/shooter will stand behind the barrels so as not being able to see the steel target. On the command of fire, the officer/shooter will step from behind the barrel and fire at the steel target until it is hit. This should only be one or two shots. Officer/shooter should be allowed two or three times at this exercise.

Evaluation (Pass/Fail) No pass or fail, this is a warm-up drill.

Goal: A key point is to get the shooter confident and to concentrate on their shots.

Instructor is looking for the following:

- Did the Officer have a proper draw from the holster?
- Did the Officer properly following instruction of course of fire?
- Did the officer demonstrate a balance between speed and accuracy?

Exercise #2 Sit, squat, back, and side.

Equipment needed:

- Department issued firearm
- Department issued holster
- .45 practice ammo, 50 rounds (minimum 2 Magazines)
- Targets

Set-up

Range: 7yd

Targets: One paper target

Start position: holstered

Rounds fired: 50 rounds

****Warning**** All shots need to be low into the target, pelvic area, due to the angles. If shots are into chest or above the rounds will go over the berm. If need be, use red spray paint to mark the target for the officer/shooter. When lining officers/shooter on the line, skip a lane. Instead of having 12 shooters you would have 6. Use the mats for this exercise as well. Demonstrate the shooting positions.

- The officer/shooter will line up on the 7 yard line in front of a target. The shooter will be told to sit. On the command of FIRE, the officer/shooter will shoot 2 rounds at their target, and then holster. They will fire a total of 8 rounds. They will reload before changing positions.
- The officer/shooter will move to a squatted position. No knees on the ground and cannot stand-up to shoot. On the command of FIRE, the officer/shooter will shoot 2 rounds at their target, and then holster. They will fire a total of 8 rounds. They will reload before changing positions.
- The officer/shooter will move to their back with legs/feet towards the target. On the command of FIRE, the officer/shooter will shoot 4 rounds at their target, and holster. They will fire a total of 16 rounds. They will reload before changing positions.
- The officer/shooter will prepare to shoot from their side. Due to muzzle sweeping, the officer/shooter will be told to place the weapon on the mat, barrel facing towards the target before laying on their side. The officer will not holster from this position. The officer/shooter will start on their right side. On the command of FIRE, the officer will shoot 2 rounds and keep the target covered, for a total of 8 rounds. After reloading, the officer/shooter will place the weapon on the mat and change positions. Moving to their left side. On the command of FIRE, the officer will shoot 2 rounds and keep the target covered, for a total of 8 rounds. Place the weapon on the mat before standing up
- The officer/shooter will have 2 rounds left, and should be loaded while standing. On the command of FIRE, the officer/shooter will fire 2 rounds to the 'TV' box of the chest.

Evaluation (Pass/Fail) No pass or fail

Instructor is looking for the following:

- Did the Officer use a stable platform?
- Was the Officer able to safely handle their handgun and perform proper magazine change?

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Exercise #3 High and Low

Equipment needed:

- Handgun
- Duty belt/gear
- Eye/ear protection
- Paper targets
- Four blue barrels

Set-up

Range: 7yd and 10yd

Targets: One paper target, 4 blue barrels

Start position: holstered

Rounds fired: 16+

Scenario

This will be a two person team event. One paper target. Two blue barrels, stacked, at the 10 yd line and two barrels, stacked, at the 7 yd line.

The two shooters will start at the 10 yd line. One shooter standing (high) and the other kneeling (low), using the barrels as cover. The shooters will engage the target with 8 rounds before moving. The shooters will advance forward to the next set of barrels at the 7 yd line, where they will engage the target with an additional 8 rounds. **No head shots due to angles.** Each shooter should experience both positions and run at least two relays.

Evaluation (Pass/Fail)

Instructor is looking for the following:

- Did the Officers communicate with each other?
- Where the officers/shooters utilizing cover?
- Where the officers cognizant of each other's position?

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Exercise 4 and 5 can be done at the same time by separating half the class.

Exercise #4 Taser and Control

Equipment needed:

Taser

Duty Belt

Heavy Bag

Cuffs

This exercise will be held at the 100 yard shed area; no handguns. Officers will be given a Taser cartridge to shoot.

The officer will punch on a heavy bag for approximately 60 seconds, and when told to stop, they will engage a standalone target. The officer will give verbal commands

and utilize the Taser at the paper target. After the Taser is used, the officer will handcuff the person who is laying on the ground. This will simulate a person who was just Tased by the officer.

Instructor is looking for the following:

- Did the officer give verbal commands?
- Did the officer properly secure the individual?
- Was proper aid given to the individual?

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Exercise #5 & #6 Day and Night COMBAT COURSE

Use a patrol car for the night exercise, using low beam headlights and LED blue lights

Equipment needed:

- Handgun, 3 magazines with 8 rounds each
- Long rifle, shotgun and Taser
- Duty belt/gear/hand held light or handgun rail light
- Eye/ear protection
- Paper target, steel silhouette, and pepper-popper.

1 Officer and minimum 1 Instructor needed.

Scenario Exercise 5 DAY COMBAT COURSE

Officer is ambushed while responding to a normal call for service. Officer/shooter are told they will encounter several targets as they proceed through the course. They will have to demonstrate proficiency with their handgun, long rifle and shotgun.

(Lane 2) The responding Officer will start at the 3 yard line. The officer will draw their Taser, while giving commands to an assaultive individual. The officer will use their Taser, but the Taser is ineffective.

The officer will go to the ground as if they were knocked down; at the 7 yard line onto their back. The individual is now armed. The officer will engage the individual/paper target with 4 rounds. (**Keep rounds low on target**) Then the officer, muzzle down range, will stand before moving to another position.

(Lane 4) The officer will then move back to the 10 yard line where they will go to a prone position next to a blue barrel (trunk of a tree) and engage a steel target with 4 rounds.

(Lane 6) The officer will stay on the 10 yard line, but move over two lanes. The officer will go to a squatting or seated position and engage the steel target with 4 rounds through an open ended barrel placed upon the PVC stand.

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(Lane 9 and Lane 11) The officer will move towards the 7 yard line on Lane 10, while doing so, they will engage a paper target (2 rounds) on Lane 9 and 11 while moving, one of these targets will be a friendly target (No Shoot), identified by a Cary Police uniform shirt. At the 7 yard line on Lane 10, the officer will pick-up a shotgun. They will proceed to Lane 13, on the 10 yd line.

(Lane 13) The officer will find two 00 buckshot at the 9-Hole wooden wall. They will combat load those two rounds and shoot a paper target on Lane 13, using the wall as cover. The officer will lay on their side and shoot a pepper-popper from underneath the 9-Hole wooden wall.

Lane (15) The officer will now move to the 40 yd line, where they will find an AR style rifle. They will load 5 rounds into a magazine and fire those 5 rounds onto a steel silhouette. After the five rounds have been shot, this will end the course of fire.

Scenario Exercise 6 NIGHT COMBAT COURSE

Officer is ambushed while responding to a normal call for service. Officer/shooter are told they will encounter several targets as they proceed through the course.

(Lane 2) The responding Officer will start at the 3 yard line. The officer will give commands to an assaultive individual.

The officer will go to the ground as if they were knocked down; at the 7 yard line onto their back. The individual is now armed. The officer will engage the individual/paper target with 4 rounds. (**Keep rounds low on target**) Then the officer, muzzle down range, will stand before moving to another position.

(Lane 4) The officer will then move back to the 10 yard line where they will go to a prone position next to a blue barrel (trunk of a tree) and engage a steel target with 4 rounds.

(Lane 6) The officer will stay on the 10 yard line, but move over two lanes. The officer will go to a squatting or seated position and engage the steel target with 4 rounds through an open ended barrel placed upon the PVC stand.

(Lane 9 and Lane 11) The officer will move towards the 7 yard line on Lane 10, while doing so, they will engage a paper target (2 rounds) on Lane 9 and 11 while moving, one of these targets will be a friendly target (No Shoot), identified by a Cary Police uniform shirt. At the 7 yard line on Lane 10, the officer will pick-up a shotgun. They will proceed to Lane 13, on the 10 yd line.

(Lane 13) The officer will engage a steel pepper popper target using their handgun until the target falls.

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III. Conclusion

A. Summary

At the conclusion of this class, an Officer will realize the proper use of their weapons and will be able to recognize the need and ability to shoot in different positions.

The Officer should feel even more comfortable shooting their weapons in darkness with a proper flashlight or weapon mounted light.

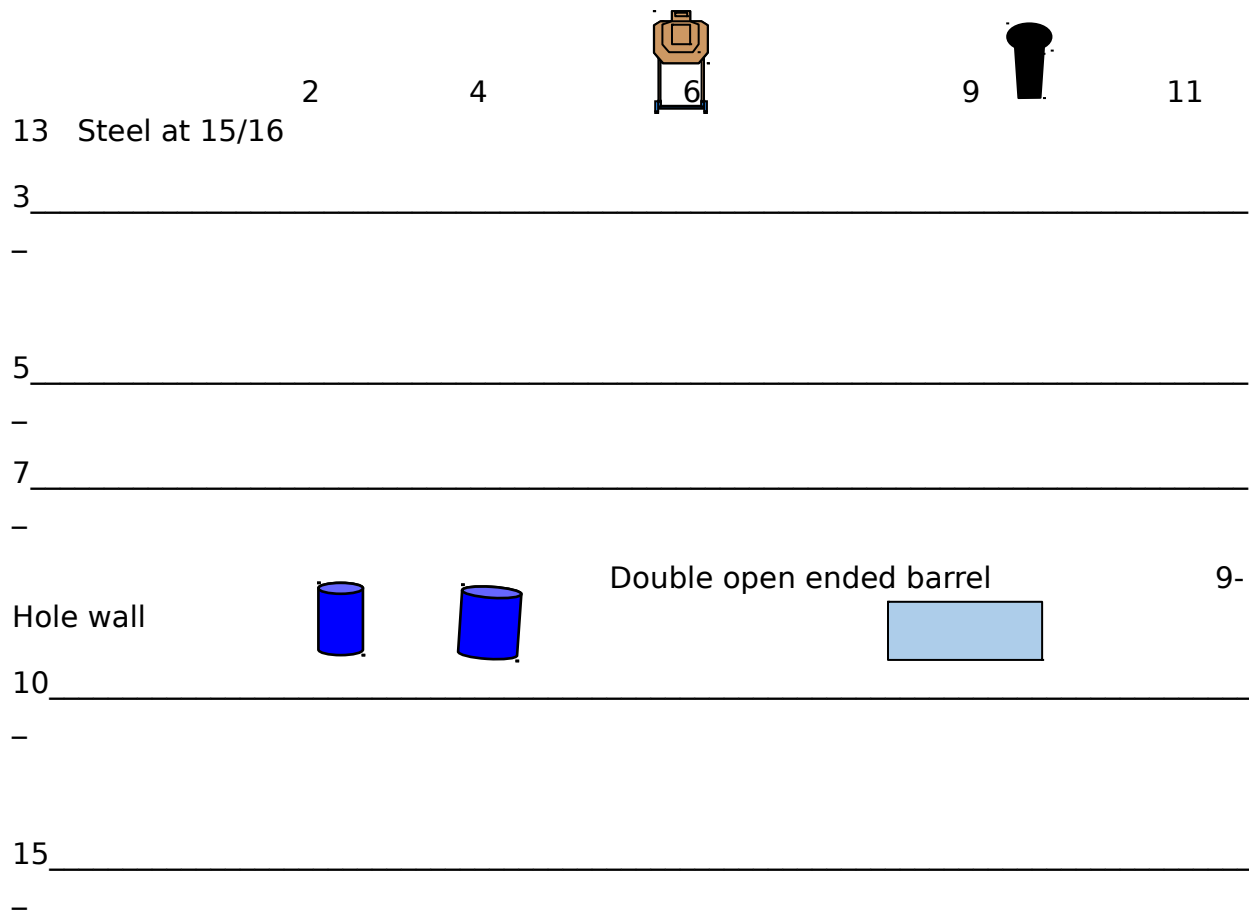
B. Questions from the Class

C. Closing Statement

This class is mandatory for all sworn personnel. This course is designed to demonstrate how accurate the weapon is and how effective it can be when used properly.

Exercise #5 Day Combat Course





3 mags 8 rounds ea.

5 rounds rifle and 2 rounds 00 buckshot

Shotgun on lane 10, 7 yard line

Rifle on 40 yard line approx. 15/16 lane, steel silhouette

Lane 2, Taser at 3 yard and 4 rounds on back at 7 yard line

Lane 4, 4 rounds at 10 yard line, prone, steel silhouette

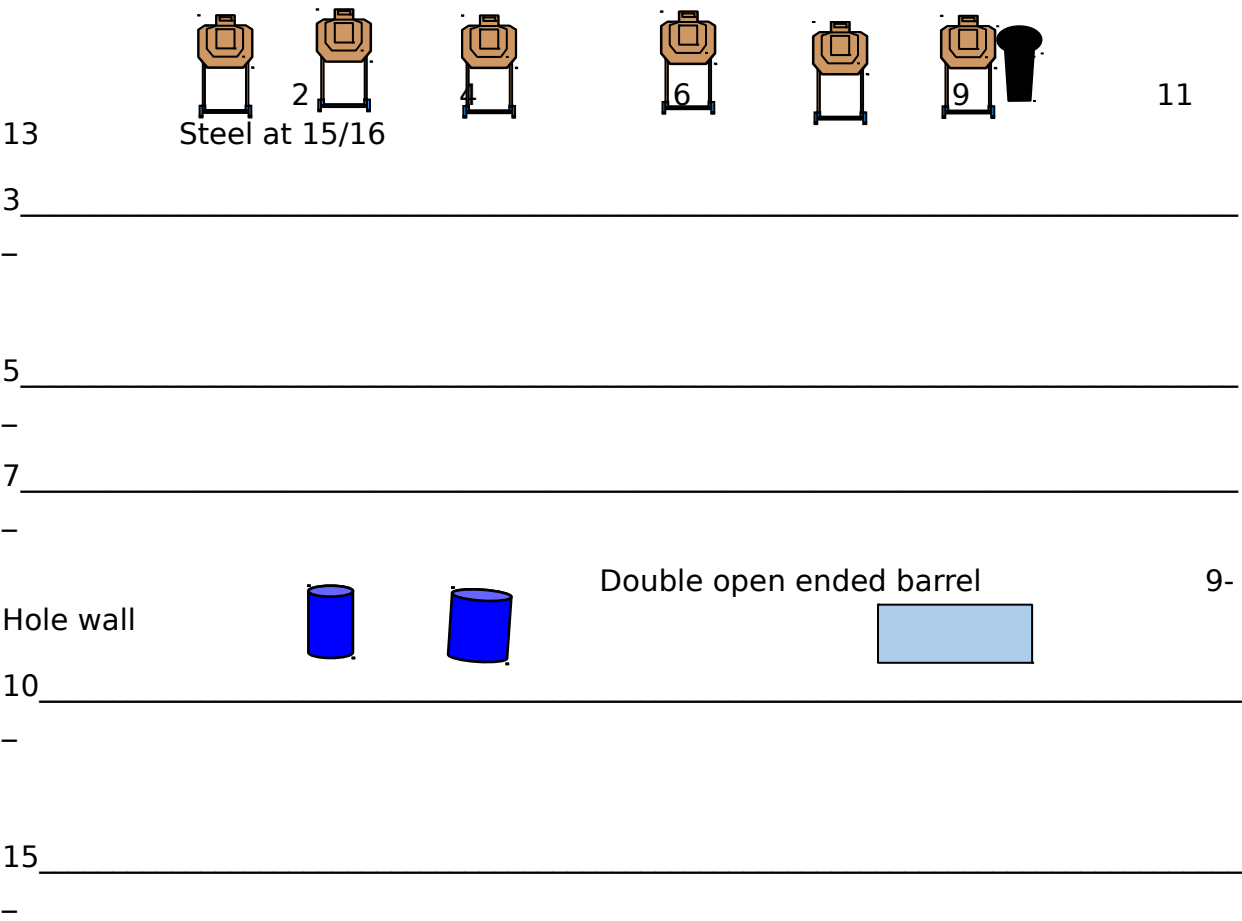
Lane 6, 4 rounds thru double open ended barrel. Squat or seated

Lane 9-11, move towards 7 yard line, judgmental decision making, shoot 2 rds on hostile target while not engaging non hostile target. Pick-up shotgun move to 10 yard line lane 13

Lane 13, combat load 2 00 buckshot, 2 rounds on paper target. Lay on side and shoot pepper-popper.

Lane 15, load 5 rounds into AR mag, fire 5 rounds at steel silhouette

Exercise #6 Night Combat Course



- 3 mags 8 rounds ea.
- 5 rounds rifle and 2 rounds 00 buckshot
- Shotgun on lane 10, 7 yard line
- Rifle on 40 yard line approx. 15/16 lane, steel silhouette
- Lane 2, Taser at 3 yard and 4 rounds on back at 7 yard line
- Lane 4, 4 rounds at 10 yard line, prone, steel silhouette
- Lane 6, 4 rounds thru double open ended barrel. Squat or seated

Lane 9-11, move towards 7 yard line, judgmental decision making, shoot 2 rds on hostile target while not engaging non hostile target. move to 10 yard line lane 13

Lane 13, from 15 yard line engage steel pepper popper target with handgun.

Alt. Combat Course Day

X X X X X

B

C

X – don't shoot

X – shoot

B- Barrel

C – chair

Officer starts in a seated position in a chair to simulate office environment. Officer must draw and fire from the chair, and move to a position of cover, where the officer must identify a shoot/no shoot target and make the correct decision engaging the shoot targets.

Alt. Combat Course - night

X

X

X

PC

X- no shoot

X - shoot

PC - patrol car

Officers will be seated in a patrol vehicle when faced with a sudden ambush scenario. Officers must identify the shoot and no shoot targets and correctly engage the shoot target from the patrol vehicle firing at least six rounds